

# Ingredient list for the Christmas Chocolate Selection within your Puzzle Advent Calendar

Our Puzzle Advent Calendars are filled with 24 tasty chocolate surprises made by the Swiss confectionery manufacturer Lindt



Down below you may see a detailed presentation of the different chocolate items and their ingredients:



## Milk Stengli

Net filling quantity 9,1 g

Milk chocolate,  
Cocoa: 30% minimum

**Ingredients:** Sugar, cocoa butter, whole milk powder, cocoa mass, skimmed milk powder, lactose, barley malt extract, emulsifying agents (soy lecithins), flavouring.

**Allergen information:** Milk protein, lactose, barley, soy. May contain hazelnuts and other nut ingredients. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2250 kJ/539 kcal
Fat	31 g
- thereof saturated fat	19 g
Carbohydrates	57 g
- thereof sugars	55 g
Protein	7,1 g
Salt	0,36 g



## Bastoncini Cuorelatte

Net filling quantity 8,7 g

Milk chocolate filled with  
milk crème (40%)

**Ingredients:** Sugar, cocoa butter, whole milk powder (15%), clarified butter (8.4%), cocoa mass, lactose, skimmed milk powder (3.8%), emulsifying agents (soy lecithins), barley malt extract, flavourings.

**Allergen information:** Milk protein, lactose, soy, barley. May contain hazelnuts and other nut ingredients. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2405 kJ/577 kcal
Fat	38 g
- thereof saturated fat	24 g
Carbohydrates	52 g
- thereof sugars	51 g
Protein	5,1 g
Salt	0,30 g



## Crunchy Stengli

Net filling quantity 7,5 g

Milk Chocolate with cereals,  
Cocoa: 30% minimum

**Ingredients:** Sugar, cocoa butter, whole milk powder, cocoa mass, skimmed milk powder, extruded cereals 5% (wheat flour, sugar, wheat malt, baking agent (sodium carbonate), emulsifying agents (rapeseed lecithins), salt, natural vanilla flavouring), lactose, barley malt extract, emulsifying agents (soy lecithins), flavouring.

**Allergen information:** Milk protein, lactose, wheat, barley, soy. May contain hazelnuts and other nuts.

### Nutrition information per 100 g:

Energy	2217 kJ/531 kcal
Fat	30 g
- thereof saturated fat	19 g
Carbohydrates	58 g
- thereof sugars	54 g
Protein	7,2 g
Salt	0,45 g



## Fioretto Mini Nougat

Net filling quantity 11,5 g

Refined pralinés filled with nougat  
(32%) and gently roasted hazelnut  
pieces

**Ingredients:** Sugar, cocoa butter, whole milk powder, hazelnuts (12%), cocoa mass, skimmed milk powder, rice, lactose, clarified butter, wheat germs, wheat starch, emulsifying agents (soy lecithins), barley malt extract, salt, vanillin flavouring.

**Allergen information:** Milk protein, lactose, soy, hazelnuts, barley, wheat. May contain other nut ingredients.

### Nutrition information per 100 g:

Energy	2270 kJ/544 kcal
Fat	33 g
- thereof saturated fat	16 g
Carbohydrates	53 g
- thereof sugars	48 g
Protein	7,6 g
Salt	0,21 g



## Mini Father Christmas

Net filling quantity 10 g

Tender milk chocolate,  
Cocoa: 30% minimum

**Ingredients:** Sugar, cocoa butter, whole milk powder, cocoa mass, lactose, skimmed milk powder, emulsifying agents (soy lecithins), barley malt extract, vanilla flavouring.

**Allergen information:** Milk protein, lactose, soy, barley. May contain hazelnuts and other nut ingredients. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2377 kJ/570 kcal
Fat	37 g
- thereof saturated fat	22 g
Carbohydrates	51 g
- thereof sugars	50 g
Protein	7,4 g
Salt	0,20 g

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## Lindor Cocoa Ball 60%

Net filling quantity 12,4 g

Fine Dark Chocolate with tender-melting filling (44%)

**Ingredients:** Cocoa mass, sugar, plant fats (coconut oil, palm kernel oil), cocoa butter, clarified butter, whole milk powder, emulsifying agents (soy lecithins), skimmed milk powder, lactose, vanilla, flavourings, barley malt extract.

**Allergen information:** Milk protein, lactose, soy, barley. May contain hazelnuts and other nut ingredients. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2639 kJ/637 kcal
Fat	52 g
- thereof saturated fat	39 g
Carbohydrates	34 g
- thereof sugars	32 g
Protein	5,0 g
Salt	0,05 g



## Lindor White Chocolate Ball

Net filling quantity 12,5 g

White chocolate with tender-melting filling (44%)

**Ingredients:** Sugar, cocoa butter, plant fats (coconut oil, palm kernel oil), whole milk powder, skimmed milk powder, emulsifying agents (soy lecithins), flavouring.

**Allergen information:** Milk protein, lactose, soy. May contain hazelnuts and almonds.

### Nutrition information per 100 g:

Energy	2651 kJ/638 kcal
Fat	49 g
- thereof saturated fat	37 g
Carbohydrates	44 g
- thereof sugars	44 g
Protein	5,3 g
Salt	0,21 g



## Lindor Milk Chocolate Ball

Net filling quantity 12,5 g

Milk Chocolate with tender-melting filling (44%)

**Ingredients:** Sugar, plant fats (coconut oil, palm kernel oil), cocoa butter, whole milk powder, cocoa mass, lactose, clarified butter, skimmed milk powder, emulsifying agents (soy lecithins), barley malt extract, flavouring.

**Allergen information:** Milk protein, lactose, soy, barley. May contain hazelnuts and almonds. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2564 kJ/617 kcal
Fat	47 g
- thereof saturated fat	35 g
Carbohydrates	43 g
- thereof sugars	43 g
Protein	4,6 g
Salt	0,15 g



## Milk Herzli red

Net filling quantity 5,0 g

Swiss milk chocolate, Cocoa: 32% minimum

**Ingredients:** Sugar, cocoa butter, whole milk powder, cocoa mass, lactose, skimmed milk powder, clarified butter, emulsifying agents (soy lecithins), barley malt extract, flavouring.

**Allergen information:** Milk protein, lactose, soy, barley. May contain hazelnuts, almonds and other nut ingredients. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2333 kJ/559 kcal
Fat	35 g
- thereof saturated fat	22 g
Carbohydrates	54 g
- thereof sugars	53 g
Protein	6,2 g
Salt	0,22 g



## Milk Herzli gold

Net filling quantity 5,0 g

Swiss milk chocolate, Cocoa: 32% minimum

**Ingredients:** Sugar, cocoa butter, whole milk powder, cocoa mass, lactose, skimmed milk powder, clarified butter, emulsifying agents (soy lecithins), barley malt extract, flavouring.

**Allergen information:** Milk protein, lactose, soy, barley. May contain hazelnuts, almonds and other nut ingredients. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2333 kJ/559 kcal
Fat	35 g
- thereof saturated fat	22 g
Carbohydrates	54 g
- thereof sugars	53 g
Protein	6,2 g
Salt	0,22 g

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## HELLO Cookie & Cream Mini Sticks

Net filling quantity 10,0 g

Milk chocolate filled with cookie pieces (6%) and cream (40%)

**Ingredients:** Sugar, cocoa butter, palm oil, whole milk powder, cocoa mass, skimmed milk powder, cream powder (4.2%), wheat flour, cocoa powder, emulsifying agents (soy lecithins), baking agents (ammonium hydrogen-, sodium bi-, and potassium carbonate), salt, vanillin flavouring.

**Allergen information:** Milk protein, lactose, wheat, soy. May contain hazelnuts and other nut ingredients.

### Nutrition information per 100 g:

Energy	2344 kJ/562 kcal
Fat	36 g
- thereof saturated fat	21 g
Carbohydrates	52 g
- thereof sugars	46 g
Protein	6,8 g
Salt	0,16 g



## HELLO Caramel Brownie Mini Sticks

Net filling quantity 10,0 g

Milk chocolate filled with caramel (19%) and brownie crème (24%) with dark pastry bits (3%)

**Ingredients:** Sugar, cocoa mass, cocoa butter, whole milk powder, glucose syrup, plant fats (palm oil, palm kernel oil), skimmed milk powder, clarified butter, condensed milk, invert sugar, hazelnuts, wheat flour, glucose, emulsifying agents (soy lecithins), cocoa powder, salt, lactose, natural flavouring, cream, flavouring, baking agents (ammonium hydrogen-, sodium-, and potassium carbonate), barley malt extract.

**Allergen information:** Milk protein, lactose, hazelnuts, wheat, soy, barley. May contain other nut ingredients.

### Nutrition information per 100 g:

Energy	2229 kJ/534 kcal
Fat	32 g
- thereof saturated fat	16 g
Carbohydrates	54 g
- thereof sugars	52 g
Protein	6,3 g
Salt	0,12 g



## HELLO Strawberry Cheesecake Mini Sticks

Net filling quantity 10,0 g

Milk chocolate filled with strawberry quark crème (43%) and pastry bits (2.5%)

**Ingredients:** Sugar, cocoa butter, whole milk powder, palm oil, cocoa mass, skimmed milk powder, lactose, skimmed milk powder, wheat flour, strawberries (1%), cream powder, emulsifying agents (soy lecithins), quark (0.3%), natural flavouring, glucose fructose syrup, milk protein, lemon juice concentrate, salt, baking agents (ammonium bicarbonate and sodium bicarbonate), flavouring, barley malt extract.

**Allergen information:** Milk protein, lactose, wheat, soy, barley. May contain hazelnuts and other nut ingredients.

### Nutrition information per 100 g:

Energy	2334 kJ/560 kcal
Fat	35 g
- thereof saturated fat	20 g
Carbohydrates	53 g
- thereof sugars	51 g
Protein	7,4 g
Salt	0,22 g



## HELLO Crunchy Nougat Mini Sticks

Net filling quantity 10,0 g

Milk chocolate filled with nougat (40%), hazelnut brittle (3%) and waffle pieces (3%)

**Ingredients:** Sugar, whole milk powder, cocoa butter, hazelnuts (12%), cocoa mass, skimmed milk powder, clarified butter, wheat flour, emulsifying agents (soy lecithins), lactose, palm oil, salt, vanillin flavouring, barley malt extract, caramel sugar syrup.

**Allergen information:** Milk protein, lactose, hazelnuts, soy, wheat, barley. May contain other nut ingredients.

### Nutrition information per 100 g:

Energy	2303kJ/552 kcal
Fat	32 g
- thereof saturated fat	15 g
Carbohydrates	56 g
- thereof sugars	52 g
Protein	8,4 g
Salt	0,14 g



## Naps Lindor

Net filling quantity 7,3 g

Swiss Milk Chocolate with tender-melting filling (50%)

**Ingredients:** Sugar, plant fats (coconut oil, palm kernel oil), cocoa butter, cocoa mass, whole milk powder, lactose, skimmed milk powder, clarified butter, emulsifying agents (soy lecithins), barley malt extract, flavouring.

**Allergen information:** Milk protein, lactose, soy. May contain hazelnuts and almonds. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2617 kJ/630 kcal
Fat	49 g
- thereof saturated fat	38 g
Carbohydrates	42 g
- thereof sugars	38 g
Protein	4,4 g
Salt	0,14 g

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## Naps Cresta White

Net filling quantity 7,5 g

White Swiss Chocolate with almond filling (50%) and almond brittle

**Ingredients:** Sugar, cocoa butter, whole milk powder, almonds (12.5%), skimmed milk powder, glucose syrup, emulsifying agents (soy lecithins), flavouring.

**Allergen information:** Milk protein, lactose, almonds, soy. May contain hazelnuts and other nut ingredients.

### Nutrition information per 100 g:

Energy	2451 kJ/588 kcal
Fat	39 g
- thereof saturated fat	21 g
Carbohydrates	51 g
- thereof sugars	49 g
Protein	7,7 g
Salt	0,20 g



## Naps Milk and Nuts

Net filling quantity 5,7 g

Swiss Milk Chocolate with Hazelnuts, Cocoa: 30% minimum in the milk chocolate

**Ingredients:** Sugar, cocoa butter, whole milk powder, hazelnuts (10%), cocoa mass, lactose, skimmed milk powder, emulsifying agents (soy lecithins), barley malt extract, almonds, flavouring.

**Allergen information:** Milk protein, lactose, hazelnuts, soy, barley, almonds. May contain other nut ingredients. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2313 kJ/554 kcal
Fat	34 g
- thereof saturated fat	18 g
Carbohydrates	54 g
- thereof sugars	47 g
Protein	6,9 g
Salt	0,17 g



## Milk Naps

Net filling quantity 5,7 g

Swiss milk chocolate, Cocoa: 31% minimum

**Ingredients:** Sugar, cocoa butter, whole milk powder, cocoa mass, lactose, skimmed milk powder, emulsifying agents (soy lecithins), barley malt extract, flavouring.

**Allergen information:** Milk protein, lactose, soy, barley. May contain almonds, hazelnuts and other nut ingredients. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2262 kJ/542 kcal
Fat	32 g
- thereof saturated fat	20 g
Carbohydrates	56 g
- thereof sugars	55 g
Protein	6,5 g
Salt	0,23 g



## Naps Cresta Classic

Net filling quantity 7,7 g

Swiss Milk Chocolate with almond filling (50%) and almond brittle, Cocoa: 30% minimum

**Ingredients:** Sugar, cocoa butter, whole milk powder, cocoa mass, hazelnuts, almonds (5%), lactose, palm oil, glucose syrup, skimmed milk powder, emulsifying agents (soy lecithins), barley malt extract, flavouring.

**Allergen information:** Milk protein, lactose, hazelnuts, soy, barley, almonds. May contain other nut ingredients. The product contains barley malt extract. The gluten content of the whole product is below 20 ppm and is therefore so low that the product is gluten free according to the definition laid down in the Codex Alimentarius.

### Nutrition information per 100 g:

Energy	2336 kJ/560 kcal
Fat	35 g
- thereof saturated fat	18 g
Carbohydrates	54 g
- thereof sugars	49 g
Protein	6,1 g
Salt	0,11 g

**The chocolate does not contain alcohol, not suitable for vegans, for vegetarians suitable only conditionally (milk components), no Kosher and Halal certification.**

### Storing advice:

Protect from heat and humidity.

### Best before:

28.02.2020

### Manufacturer's address:

www.lindt.de